

LSEA
Week 1
Lunch Menu Spring/Summer 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza with Pasta Side	Lasagne served with Garlic Bread	Roast Gammon with Roast Potatoes	Jerk Chicken with Rice	Beef Burger in a Bun with Chunky Chips
Cheese and Tomato Pizza with Pasta Side	Tomato and Basil Pasta with Dough Balls	Cheese and Leek Pie with Roast Potatoes	Vegetable Chow Mein	Cheesy Bean Burger in a Bun with Chunky Chips
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Strawberry Ice Cream with Fresh Fruit	Lemon and Lime Sponge with Custard	Jelly with Fruit Wedges	Chocolate Orange Marbled Sponge with Chocolate Sauce	Plum and Oaty Crumble with Custard
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

**LSEA
Week 2
Lunch Menu Spring/Summer 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Style Chicken with Rice	Spaghetti Bolognese with Herbed Bread	Roast Chicken with Roast Potatoes	Homemade Sausage Roll with Mashed Potato	Breaded Fish with Chunky Chips
Macaroni Cheese	Vegetable Bolognese with Herbed Bread	Root Vegetable Slice and Roast Potato	Pasta Italienne	Spinach and Chickpea Vegetable Dhansak with Rice
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Blueberry and Lemon Sponge with Custard	Raspberry Ripple Ice Cream with Fresh Fruit	Red Velvet Cake with Chocolate Sauce	Spiced Parsnip and Apple Cake with Custard	Fruit Jelly with Peaches
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

**LSEA
Week 3
Lunch Menu Spring/Summer 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Penne Pasta with Garlic Bread Twists	Chicken Tikka Masala with Rice	Roast Pork with Roast Potatoes	Sausage with Mashed Potatoes and Gravy	Breaded Fish with Chunky Chips
Spanish Style Omelette with New Potatoes	Tomato Topped Macaroni Cheese	Vegetable Pin Wheel with Roast Potatoes	Vegetarian Sausage with Mashed Potatoes and Gravy	Cornish Style Vegetable Pasty with Chunky Chips
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Oat Cookie with Custard	Jelly with Fruit Wedges	Berry Sponge with Custard	Chocolate Sponge with Chocolate Custard	Ice Cream with Watermelon
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter