

'Shining light on potential'



The PSHE curriculum at
Bromley Beacon
Academy

**NCFE CACHE LEVEL 2
CERTIFICATE IN
MENTAL HEALTH
AWARENESS**

SIXTH FORM
CAREERS

DRUGS & RISK

PERSONAL FINANCE

POSITIVE
WELLBEING

PREJUDICE & CHALLENGE

HEALTH & WELLBEING

Health and Wellbeing and Living in the Wider World

Living in the Wider World – Beyond School and Global Citizenship

Crime and the Wider World

Health and Personal Safety

YEAR
12/13

**NCFE CACHE LEVEL 2 CERTIFICATE
IN RELATIONSHIPS, SEX AND
HEALTH EDUCATION YEAR 2**

YEAR
11

RSE and Healthy Living

NCFE CACHE
LEVEL 1 AWARD
IN ALCOHOL
AWARENESS

Emotional wellbeing

NCFE CACHE
LEVEL 1 AWARD IN
AWARENESS OF
SUBSTANCE
MISUSE

Living in the Wider World

Relationships and sex and Mental Health and wellbeing

**NCFE CACHE LEVEL 2 CERTIFICATE
IN RELATIONSHIPS, SEX AND
HEALTH EDUCATION YEAR 1**

YEAR
10

RSE, Mental Health and Wellbeing

Employability skills and living in the wider world

Relationships + Diversity and Living Responsibly

Prejudice, Values, Extremism and Cults and personal safety

RSE and Careers and Finance

RSE and Global Citizenship and Personal Safety

SAFETY FIRST

Healthy Relationships with Others and Ourselves and Rights and Responsibilities

Personal Safety and Discrimination, Prejudice and Challenges

Healthy lifestyles, Emotional Wellbeing and Responsible Health Choices

YEAR
9

RSE, Mental Health and Wellbeing

Consent and the laws

CONSENT

Intro to puberty and hygiene

Media standards of beauty (self-awareness)

Careers focus

Finance

Pregnancy and fertility

Healthy lifestyle

Sexual health

Stages of reproduction

Changing and growing



Relationships Healthy/unhealthy



LGBTQ+

Managing feelings in relation to intimacy

Risks, personal safety, drugs and alcohol awareness

What do stereotypes, prejudice and discrimination mean?

Managing pressure / peer pressure

Managing feelings identifying healthy relationships

Mental health in relation to ourselves (managing stress and anxiety)

Self-care, support and safety

Mental health in relation to media

CAUTION PEER PRESSURE



Change, hopes and goals for the future

YEAR
7/8